



# AFRICA

LESSON PLANS

**DANCEY:** Nanu Nanu Ney, Thinantsha

**DRUMS:** Bale Ile, Do Do Ki Do

**EGGS:** Ha Ha Ha

**HANDS:** Kavuli Tutu

**INTRO:** A Hiyeni

**LAP:** Keenene

**MELLOW:** Atas Atas, Senzenina, Tulo Tulo

**SCARVES:** Arsono Baba, Wai Bamba

**SIT/ROCK/ROW:** He Motsoala, Kipenzi Changu

**STICKS:** Nsa We

**UP:** Awa Yombe, Cibula, Diarra Loro Lora, Kipenzi Changu



# All Around This World – Africa

## INTRO (Swahili)

INTRO: A Hiyeni

HELLO: **Hamjambo**

SIT/ROCK/ROW: He Motsoala [**Pretoria,  
Kinshasa, Accra, Kampala**]

HANDS: Kavuli Tutu

UP: Awa Yombe

EGGS: Ha Ha Ha

DRUMS: Do Do Ki Do

GOODBYE: **Kwaheri**



## **All Around This World – Africa**

**UGANDA (Luganda)**

**INTRO: A Hiyeni**

**HELLO: Mirembe**

**SIT/ROCK/ROW: He Motsoala [Entebbe,  
Kampala, Mbale, Jinja]**

**LAP BOUNCE: Keenene [Chipati, Posho, Matoke,  
Casava]**

**UP: Awa Yombe**

**EGGS: Ha Ha Ha**

**AMAGUNJJU**

**GOODBYE: Mirembe**



# **All Around This World – Africa**

**ETHIOPIA (Amharic)**

**HELLO: Tadius**

**LAP: Keenene [Injera, Shiro Wat, Kitfo]**

**DRUMS: Bale ile**

**UP: Thinantsha**

**SCARVES: Arsono Baba**

**ESKISTA**

**GOODBYE: Dehna hunu**



# **All Around This World – Africa**

## **TANZANIA/ZANZIBAR (Kiswahili)**

INTRO: Cibula

HELLO: **Salama**

SCARVES: Arsono Baba

MELLOW: Tulo Tulo

UP: Kipenzi Changu

EGGS: Ha Ha Ha

**MWAKA KOGWA**

GOODBYE: **Tutaonana**



## **All Around This World – Africa**

ALGERIA/MOROCCO (Kabilye)

INTRO: Cibula

HELLO: **Azul**

STICKS: Nsa We

MELLOW: Atas Atas

UP: Diarra Loro Lora

LAP: Keenene [**Couscous, Oranges, Grapes, Dates**]

**IMILCHIL**

GOODBYE: **Gim di lehna**



# All Around This World – Africa

MALI (Bambara)

INTRO: Nanu Ney

HELLO: **Ebede**

SIT/ROCK/ROW: Kipenzi Changu

MELLOW: Senzenina

UP: Diarra Loro Lora

STICKS: Nsa We

**GRIOTS**

GOODBYE: **Khanbiafo**



# **All Around This World – Africa**

**GHANA (Twi)**

**HELLO: Maakyé**

**LAP BOUNCE: Keenene [Tomatoes, Fufu,  
Groudnut Stew]**

**HANDS: Kavuli Tutu**

**UP: Awa Yombe**

**DRUMS: Do Do Ki Do**

**KPANLOGO**

**GOODBYE: Me kra wo**





# **All Around This World – Africa**

## **NIGERIA (Yoruba)**

**HELLO: Bawoni**

**SIT/ROCK/ROW: He Motsoala (Lagos, Abuja, Port Harcourt, Benin City)**

**MELLOW: Tulo Tulo**

**UP: Thinantsha**

**DRUMS: Bale Ile**

**TALKING DRUM**

**GOODBYE: Ò dàbò**



# **All Around This World – Africa**

## **CONGO AND CONGO (Lingala)**

INTRO: A Hiyeni

HELLO: **Mbóte**

SCARVES: Wai Bamba

STICKS: Nsa We

UP: Cibula

DRUMS: Bale ile

**KWASSA KWASSA**

GOODBYE: **Kendé malámu**



# **All Around This World – Africa**

**ZIMBABWE (Shona)**

**HELLO: Mhoroi**

**SIT/ROCK/ROW: Kipenzi Changu**

**SCARVES: Wai Bamba**

**UP: Diarra Loro Lora**

**EGGS: Ha Ha Ha**

**MBENDE JERUSAREMA**

**GOODBYE: Chisarai**



# **All Around This World – Africa**

## **SOUTH AFRICA (Zulu)**

INTRO: Thinantsha

HELLO: **Sawubona**

LAP: Keenene [**Mealie Soup (corn soup), tomato bredie (lamb and tomato stew), Putupap (cornmeal porridge)**]

MELLOW: Senzenina

UP: Kipenzi Changu

SIT/ROCK/ROW: He Motsoala [**Pretoria, Johannesburg, CapeTown, Louis Trichardt**]

**GUMBOOT DANCING**

GOODBYE: **Ngeyavalilisa**



# **All Around This World – Africa**

OUTRO (Moroccan Arabic)

INTRO: Nanu Nanu Ney

HELLO: **Salaamu Alekum**

SCARVES: Arsono Baba

MELLOW: Atas Atas

UP: Awa Yombe

HANDS: Kavlu Tutu

DRUMS: Do Do Ki Do

GOODBYE: **Besalama**